



Rock Spa: Every day *Todos los días: 10:00 / 20:00*
Body Rock (Gym): Every day *Todos los días: 07:00 / 20:00*
T: + 34 922 74 17 00
rockspa@hrhtenerife.com

RESERVATIONS

To avoid disappointment we recommend that you schedule your spa sessions in advance. All appointments must be guaranteed with a credit card. Please indicate at time of booking if you have a preference for a male or female therapist and we will do our best to accommodate your request. Children under the age of 16 are not permitted in the spa/fitness facility. Young adults between the ages of 16 and 18 may schedule Spa appointments with their parent or guardian present during the treatment.

CANCELLATIONS

Because we reserve spa services specifically for you, we ask that you give 4 hours advance notice, should you need to change or cancel your appointment. Late cancellations or no-shows will be charged at full treatment price.

rock spa®

Facials

CLEAN NOTES <i>50 min</i>	90 €
CALMING SYMPHONY <i>50 min</i>	90 €
WRINKLES OUT <i>60 min</i>	110 €
YOUTH WAVES <i>80 min</i>	140 €
FACE THE MUSIC <i>60 min</i>	130 €

Massages

INNER PEACE <i>50 min</i>	100 €
BALINESE TRACK <i>50 min</i>	100 €
ALOHA HUNA <i>50 min</i>	110 €
THAI DANCE <i>80 min</i>	140 €
SILENCE IN THE DEEP <i>40 min</i>	80 €
BACK IN PEACE <i>40 min</i>	80 €
FOOT THAI <i>40 min</i>	85 €
SYNCHRONICITY <i>60 min</i>	120 €
MOTHERSHIP <i>50 min</i>	100 €
RED HOT CHILI STONES <i>50 min</i>	100 €
IT'S YOUR TIME <i>90 min 120 min</i>	150 € 220 €
FISIO <i>60 min</i>	120 €
EXTRA <i>30 min</i>	45 €

Body

STAR GLOW <i>40 min</i>	85 €
SMOOTH OPERATOR <i>50 min</i>	130 €
WRAP REMIX <i>110 min</i>	180 €
BOHEMIAN WRAPSODY <i>50 min</i>	120 €

Water zone

HOTEL GUEST <i>90 min</i>	20 €
EXTERNAL GUEST <i>90 min</i>	35 €

Beauty

ROCK MANICURE <i>45 min</i>	50 €
ROCK SPA LUXURY MANICURE <i>70 min</i>	70 €
ROCK PEDICURE <i>50 min</i>	60 €
ROCK SPA LUXURY PEDICURE <i>70 min</i>	80 €
*Extra shellac <i>20 min</i>	20 €
*Retirar shellac <i>15 min</i>	10 €

Little Stars

CINDERELLA'S FEET <i>25 min</i>	45 €
PRINCESS HANDS <i>25 min</i>	40 €
JELLY GUM MASSAGE <i>25 min</i>	40 €

Other Services

SUITE TIME FOR TWO <i>180 min</i>	330 €
ROCK YOUR SENSE <i>80 min</i>	140 €
ROMANTIC BUBBLES <i>90 min</i>	100 €

retune yourself.

ROCK SPA® | HARD ROCK HOTEL TENERIFE
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